



“Come to me all you who labor and are heavily burdened and I will give you rest”

**Do you need a retreat?** Our culture has changed; our economy is near collapse; none have escaped this striking transition in our way of life. Now is the time to retreat from the world and spend some time with the Lord: come all you who labor and are burdened and I will give your rest – He is calling you – listen for the gentle voice: “*come and spend a weekend with me.*” When you return on Sunday afternoon, the world you left behind will be the same; only you will have changed. Don’t miss this personal, unique spiritual experience.

The weekend retreat begins at 5:00 p.m. on Friday and ends at 12:30 p.m. on Sunday

**How to Register:** (1) Call Laura at the retreat house or (2) Frank or (3) Patty:

**SHRH (Laura) 626-289-1353 ext. 204**

**Frank Serna 714-964-3591, [frank@frankserna.com](mailto:frank@frankserna.com) or**

**Patty 714-842-3000 [parishlife@svdphb.org](mailto:parishlife@svdphb.org)**

# Men’s Retreat

## January 10-12, 2014

*Located in the beautiful and serene grounds of the Sacred Heart Retreat House Alhambra*

**While on retreat you will be provided with: Group Conferences; Confession; Spiritual Direction; Time for Prayer and Reflection; Holy Mass**

### Our Retreat Master



**Fr. Brian Mullady, O. P.**  
 Father Mullady entered the Dominican Order in 1966 and was Ordained in Oakland, California in 1972. He received his Doctorate in Sacred Theology (STD) from the Angelicum University in Rome. He was professor there for six years.

He has taught at several colleges, universities and seminaries in the United States. He has appeared on EWTN a number of times. He is the author of several books and numerous articles. He is the Theological Consultant to the Institute on Religious Life.

**Meals:** Friday dinner through Sunday breakfast.  
 A total of 5 meals, 2 nights

**Rooms:**

Private Room/ private bath	\$250
Private Room/Shared Bathroom (2)	\$230
Private Room/Shared Bathroom (3)	\$195
Private Room/ two beds in Room	\$170
Commuter (day only)	
Weekend	\$120
Saturday Only	\$45

Make check payable to: SHRH or call in your credit Card.